

# AQUA Foundation Academy

(An entity of Aqua Foundation, registered under Societies Act 1956)



## Inside Out Leadership

Personal Mastery for Leadership Growth

**Duration:** 02 days workshop. Non-Residential  
**Format:** Interactive  
**Venue:** Hotel Hans Plaza  
**Dates & Place:** February 17-18, 2016, New Delhi  
**Time:** 10 AM to 5 PM

### Introduction:

Leadership continues to remain an esoteric misunderstood concept in today's corporate world. While there are a multitude of books, seminars & programs on the topic, they suffer from the lack of relevance at an individual/personal level. Though Leadership concepts resonate intellectually, the aspiring leader does not have the necessary tools & resources that can bring it alive in the day-to-day business environment.

### Objectives:

*"As Within, So Without"*

Your outside world is really an exact reflection of your inner world.

This workshop aims to provide practical tools & resources to build leadership from within. It will help you:

- a. Create an "inside-out" perspective to initiate self-awareness
- b. Discover your strengths
- c. Develop your own Holistic model for Authentic Leadership
- d. Set clear leadership goals that are personally relevant
- e. Craft a measurable plan of action for sustainable leadership growth

### Who Should Attend:

This is a workshop for any human being who wants to shift from being a victim to becoming a leader. For anyone who wants to do brilliant work and lead a world-class life.

This workshop is for organizations willing to excel based on collective 'best' of all their employees. It is meant for all and would benefit the most:

- Managers working in highly competitive environment/ sales force
- Organisations depending on individual performances of their employees
- Government officers/ PSU managers caught up in rigid hierarchy of system
- Any individual willing to bring out his best without burning himself out

### Benefits:

This game-changing workshop will help you take your work life and your personal world to a whole new level of wow and show you exactly how to play at your absolute peak. Attend this workshop and make the leap to extraordinary performance, innovation, and influence at work and in life.

In this workshop, you will learn how to create spectacular results, awaken your inner leader and have the professional and personal life you have always wanted. Specifically, you will :

- Develop your personal model of authentic leadership
- Discover 5 key strengths based on a world class assessment methodology
- Understand the power of belief systems & identify your self-limiting beliefs
- Discover and Internalize the concept of "Living Forward"

- Set 3 powerful goals that will be based on the Pareto principle
- Learn & Practice Active Questioning
- Understand the power of daily practice
- Craft tangible actions to make progress towards results
- Learn to use a custom-built mobile application that will be your daily companion

#### Facilitators:



**Ram Gopalan** is an ICF accredited Executive Coach, a certified Marshall Goldsmith Stakeholder Centered Coach (MGSCC) & a Certified Action Learning Coach (CALC) from the World Institute of Action Learning. He holds an MBA degree from IIM Ahmedabad and is a graduate from BITS Pilani.

He works with individuals and groups to realise their full potential & helping them attain their professional and personal goals by enabling the individuals to deal with ambiguity, solve problems and enhance their productivity

Till 2012, Ram was VP & Country Manager with SapientNitro India. He has 20 years of experience in the world of technology & marketing with multi-national organizations across India, North America, Germany & Singapore

Profile : <https://in.linkedin.com/in/gopalanram>



Jaya Bhateja is an Executive Coach certified by Marshall Goldsmith Stakeholder Centered Coach (MGSCC) with a result oriented and measurement based approach. She has worked for 11 years with Fortune 500 companies like Accenture and Siemens to support Senior Leaders enhance their individual performance. She believes in deriving business outcomes by helping Leaders adapt or change their bottleneck behaviors for Organizational growth.

Her coaching approach blends the best concepts from business, positive psychology, neuroscience, sports, management and spirituality making it unique experience for her clients. Her clients experience personalized attention and complete partnership while working with her. She has worked for IT and Consulting Organizations, leading their Training and Development verticals globally.

She has logged over 1500 hours of coaching and Mentoring experience in diverse Industries across India, Philippines, US & UK

LinkedIn: <https://www.linkedin.com/in/jayabhateja>

#### Venue:

Hotel The Hans, 15 Barakhamba Road, Connaught Place, New Delhi, India

#### Investment:

Rs 20,000 per participant (exclusive of applicable taxes), inclusive of training notes, morning & evening tea , Breakfast & Lunch. A discount of 20% for students and group booking of 04 or more participants from a single organization is applicable.

#### Registration Process:

Prior registration is must by sending email to [info@aquafoundation.in](mailto:info@aquafoundation.in). Fee to be paid through DD in favour of Aqua Foundation payable at Delhi. It can also be deposited in following account:

Name of the Bank: ICICI Bank Ltd

Address of the Bank: ICICI Bank, 9 A, Phelps Building, Connaught Place, New Delhi- 110001  
Name of the Account holder: AQUA FOUNDATION  
A/C no : 000701260885; IFSC Code: ICIC0000007

**Contact Details: Secretary General, Aqua Foundation,  
Mobile: +91-9818568825, [info@aquafoundation.in](mailto:info@aquafoundation.in)**